

COUNTRYSIDE SENIOR LIVING of TEXAS MENUS
FALL / WINTER 2024/2025 WEEK 1
WEEK AT A GLANCE



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B R E A K F A S T	Juice of Choice Cooked Cereal or Dry Cereal of Choice Egg of Choice Sausage Patty or Bacon Pancakes or Toast Syrup/Margarine Jelly Milk Coffee	Juice of Choice Cooked Cereal or Dry Cereal of Choice Egg of Choice Sausage Patty or Bacon Pancakes or Toast Syrup/Margarine Jelly Milk Coffee	Juice of Choice Cooked Cereal or Dry Cereal of Choice Egg of Choice Sausage Patty or Bacon Pancakes or Toast Syrup/Margarine Jelly Milk Coffee	Juice of Choice Cooked Cereal or Dry Cereal of Choice Egg of Choice Sausage Patty or Bacon Pancakes or Toast Syrup/Margarine Jelly Milk Coffee	Juice of Choice Cooked Cereal or Dry Cereal of Choice Egg of Choice Sausage Patty or Bacon Pancakes or Toast Syrup/Margarine Jelly Milk Coffee	Juice of Choice Cooked Cereal or Dry Cereal of Choice Egg of Choice Sausage Patty or Bacon Pancakes or Toast Syrup/Margarine Jelly Milk Coffee	Juice of Choice Cooked Cereal or Dry Cereal of Choice Egg of Choice Sausage Patty or Bacon Pancakes or Toast Syrup/Margarine Jelly Milk Coffee
D I N N E R	Fried Chicken Mashed Potatoes Blackeyed Peas Tossed Salad w/Dressing Buttered Biscuit w/Honey Butter Oatmeal Pie Beverage of Choice	Pork Chops Cornbread Dressing Fried Zucchini English Pea Salad Fresh Baked Roll Peanut Butter Pie Beverage of Choice	Enchilada Refried Beans Spanish Rice Chips and Salsa Sopapilla Cheesecake Beverage of Choice	Meatloaf Scalloped Potatoes Buttered Green Beans Tossed Salad w/Dressing Fresh Baked Roll Cherry Dump Cake Beverage of Choice	Chicken Fried Steak Cream Gravy Squash Casserole Seasoned Cabbage Cornbread Salad Fresh Baked Roll Buttermilk Pie Beverage of Choice	Fried Fish French Fries Coleslaw Hushpuppies Lemon Cake Beverage of Choice	Pork Loin Lima Beans Glazed Carrots Marinated Cucumber Salad Fresh Baked Roll Banana Pudding Beverage of Choice
S U P P E R	Sloppy Joe on Bun Garden Salad Chocolate Chip Cookies Beverage of Choice	Chicken and Rice Soup Cornbread Brownie Ice Cream Beverage of Choice	Breakfast Casserole Hashbrowns Fruit Salad Beverage of Choice	Grilled Chicken Salad w/ Dressing Crackers Fruit and Yogurt Parfait Beverage of Choice	Club Sandwich Chips Pineapple & Cottage Cheese Salad Beverage of Choice	Chicken and Dumplings Cornbread Juicy Coconut Cake Beverage of Choice	Roast Beef and Cheese Sandwich Carrot Sticks Pistachio Salad Beverage of Choice

ALWAYS AVAILABLE			
SOUPS / SALADS	SANDWICHES	MEATS	OTHER
Tomato Soup	Ham Sandwich		Chicken Breast
Chicken Noodle Soup	Turkey Sandwich		
Green Salad	Grilled Cheese Sandwich		
	Peanut Butter & Jelly Sandwich		